



Sport and Recreation Management

AS (60 SCH*)

*Semester Credit Hour

5/2024

First Semester - 16 SCH

EDUC/PSYC 1100 - Learning Framework
ENGL 1301 - Composition I
HIST 1301 - United States History I
MATH 1342 - Elementary Statistical Methods
PHED 1301 - Foundations of Kinesiology
MUSI 1306 - Music Appreciation

Second Semester - 16 SCH

COMM 1307 - Introduction to Mass Communications
ENGL 1302 - Composition II
HIST 1302 - United States History II
BIOL 2401 - Anatomy & Physiology I
PHED 1338 - Concepts of Physical Fitness

Third Semester - 16 SCH

BIOL 2402 - Anatomy & Physiology II
ECON 2301 - Principles of Macroeconomics
GOVT 2305 - Federal Government
PHED 1306 - First Aid
SPCH 1315 - Public Speaking

Fourth Semester - 12 SCH

PHED 1304 - Personal/Community Health
ECON 2302 - Principles of Microeconomics
GOVT 2306 - Texas Government
PHED 2356 - Care and Prevention of Athletic Injuries

Marketable Skills

- Select and implement training, instructional methods and procedures that are appropriate for the situation when learning or teaching new ideas and tasks.
- Identifying measures or indicators of system performance and the actions needed to improve or correct performance, relative to the goals of the system.
- Determining how a system should work and how changes in conditions, operations and the environment will affect outcomes.
- Speaking to others to convey information effectively.
- Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.
- Monitoring and assessing performance of yourself, other individuals or organizations to make improvements to take corrective action.
- Identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.
- Communicating effectively in writing as appropriate for the needs of the audience.
- Considering the relative costs of actions and choosing the most appropriate.

Program Outcomes

- Demonstrate an applied understanding of the form and function of the human body.
- Identify and describe the factors that influence health, rehabilitation, and human movement.
- Evaluate programs and interventions related to health promotion, physical activity and the treatment of diseases.

Transfer Path/Requirements

For Texas A&M Commerce

- A student completing the Paris Junior College curriculum is considered Core complete at Texas A&M Commerce.
- No more than 60-66 SCH from PJC will be applied to a bachelor degree at TAMU-Commerce. Another 60 or more must be completed at TAMU-Commerce.
- For the kinesiology major, students might transfer either to the Sport and Recreation Management B.S. or the Kinesiology and Sports Studies B.A./B.S. - All-Level Teacher Certification. The student should check the specific requirements of the degree they are seeking.

High School Endorsements

Public Service

Expected Salary

Texas wage data: workers on average earn \$58,340; 10% of workers earn \$30,830 or less; 10% of workers earn \$84,790 or more. **US wage data:** workers on average earn \$49,860; 10% of workers earn \$32,980 or less; 10% of workers earn \$75,810 or more.

Career Opportunities

AS Minimum: Exercise Trainers and Group Fitness Instructors; Respiration Therapist; Physical Therapist Aide. **BS Minimum:** Athletic Administrator; Athletic Trainer; Athletics Coach; Sports Officiating; Exercise Physiologist; Fitness and Wellness Coordinators. **MS Minimum:** Physical Therapist; Recreational Therapist; Sports Management; College Coaching; Recreation and Fitness Studies Teachers (Postsecondary).