



# Sport and Recreation Management

AS (60 SCH\*)

\*Semester Credit Hour 8/2020

## First Semester - 16 SCH

EDUC/PSYC 1100 - Learning Framework  
ENGL 1301 - Composition I  
HIST 1301 - United States History I  
MATH 1342 - Elementary Statistical Methods  
PHED 1301 - Foundations of Kinesiology  
MUSI 1306 - Music Appreciation

## Second Semester - 16 SCH

COMM 1307 - Introduction to Mass Communication  
ENGL 1302 - Composition II  
HIST 1302 - United States History II  
BIOL 2401 - Anatomy & Physiology I  
PHED 1338 - Concepts of Physical Fitness

## Third Semester - 16 SCH

BIOL 2402 - Anatomy & Physiology II  
ECON 2301 - Principles of Macroeconomics  
GOVT 2305 - Federal Government  
PHED 1306 - First Aid  
SPCH 1315 - Public Speaking

## Fourth Semester - 12 SCH

ACCT 2301 - Principles of Financial Accounting  
ECON 2302 - Principles of Microeconomics  
GOVT 2306 - Texas Government  
PHED 2356 - Care and Prevention of Athletic Injuries

## Marketable Skills

**Critical Thinking Skills:** Creative thinking, innovation, inquiry, and analysis, evaluation, and synthesis of information, using technology as appropriate.  
**Communication Skills:** Effective development, interpretation, and expression of ideas through written, oral, and visual communication.  
**Empirical and Quantitative Skills:** Manipulation and analysis of numerical data or observable facts resulting in informed conclusions.  
**Teamwork:** Ability to be flexible and to consider different points of view and to work effectively with others, taking the initiative when appropriate, to support a shared purpose or goal.  
**Social Responsibility:** Intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.  
**Personal Responsibility:** A strong work ethic and the ability to connect choices, actions, and consequences to ethical decision-making.

## Program Outcomes

- Understand the basics of human body movement and the historical evolution of physical education, sport, and exercise science.
- Demonstrate knowledge of prevention and care of athletic injury and athletic training.
- Understand personal and community health issues, techniques for promoting healthy living, and use/abuse of drugs in today's society.

## High School Endorsements

Public Service

## Transfer Path / Requirements

For Texas A&M Commerce

- A student completing the Paris Junior College curriculum is considered Core complete at Texas A&M Commerce.
- No more than 60-66 sch from PJC will be applied to a bachelor degree at TAMU-Commerce. Another 60 or more must be completed at TAMU-Commerce.
- For the kinesiology major, students might transfer either to the Sport and Recreation Management B.S. or the Kinesiology and Sports Studies B.A./B.S. - All-Level Teacher Certification. The student should check the specific requirements of the degree they are seeking.

## Career Opportunities

Athletic administration in school or college; Personal trainer; Athletic trainer; Physical education teacher at school or college; Cardiac rehabilitation specialist; Physical therapist; Coaching at school or college; Recreational therapist; Exercise physiologist; Respiration therapist; Fitness instructor or director at commercial fitness center; Sports management; Sports officiating; Occupational therapist.